Banora Point Swimming: Sensational news! Jesse has achieved a personal best by 4 seconds and has qualified for the State swimming carnival at Homebush, Sydney. Jesse came second in his 13 years 50m Freestyle event. Congratulations to all of our talented swimmers who travelled to the Regional swimming carnival with Mrs Kemp. The children were all impressive in the pool and are very talented.

Swimming: This message is for parents of students participating in swimming for sport. The children are extremely lucky to have this opportunity organised for them. Please send your child to school in correct school uniform with their swimmers either underneath their uniform or in their bag. Thank you in advance for your cooperation with this matter.

C Osborne

Tips for parenting tweens
Tweens are aged from 9-14 years. They are in the middle years — no longer children and not yet teenagers but somewhere between, hence the term ‘tweens’ or ‘tweenagers’. During these years there is a rush of hormones, peers become more important and tweens become more independent.

Simple things you can do for your tween:
- eat meals together - there is a lot of evidence that shows this is powerfully protective for kids in modelling good behaviour and giving them a sense of belonging.
- know what kids are up to with their friends and online.
- encourage activities outside of school run by trusted adults.
- keep the connection with school and attend significant events.
- provide clear and consistent ground rules for behaviour.
- undertake a parenting program or read books on parenting this age group.

Attention
If there is to be any change in afternoon arrangements for children going home, a note needs to be sent to the class teacher first thing in the morning.
Impetigo (School Sores)
Symptoms – small red spots change into blisters that fill with pus and become crusted. See your family doctor. Children can attend school if sores are being treated (with antibiotics) and are properly covered by a clean dressing.

School Photos
School photos are being taken on Tuesday 22nd March, envelopes have been sent home. Students are asked to send these envelopes back to school with the money enclosed before photo day.

Hi Everyone,

It's that time of the month ALREADY........ market time!

March markets are on this Saturday the 12th - if you haven't done so already book your stall today!

We hope to see you on the 12th if not as a stall holder as a shopper :)

Regards,

Shannon and the mums and bubs team mumsandbubsmarket.com

Canteen Roster
Mon 14th March  C Pursehouse & D Kennett
Tues 15th March  A Sydenham & K Martin
Weds 16th March  T Bellangary & L Wagner
Thurs 17th March  K Bailey & K Morton
Fri 18th March  B Pead & N Moran

Wauchope Soccer Club - Team Allocation Day
Where: Fairmont Gardens, Soccer Fields
When: 5.00pm – 6.00pm on Monday 14 March 2011
Be there to see which team you will be playing on this year!

Canteen News
UNIFORMS
If any family has old or out grown uniforms at home and would like to donate them to the school please take them to the canteen or send them with your child.

Mrs McCue has offered to wash all uniforms that have been donated and have a stall at the end of each term at school, all money raised will go towards the fete fund raising.

WOOSH NEWS
The next woosh meeting will be held at the woosh room on 10th March at 6pm. All new and existing families are more than welcome to come.

FETE MEETING
The next Fete Committee meeting will be held at the Wauchope Country Club THURSDAY 3rd March at 7pm. If you would like to be involved it this exciting group, please call: Joe Garrett on 0417852777

Date set for fete is: 22 October 2011

AGM and P & C GENERAL MEETING
The next Wauchope Public School P & C AGM has been set for: 10th MARCH 2011 AT 6.30pm IN THE SCHOOL STAFFROOM.

Followed by the general P & C meeting at 7.30pm
ALL EXISTING AND NEW FAMILYS ARE WELCOME TO COME ALONG.

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WOOSH NEWS & VACATION CARE 2011

The Woosh Vacation care list is available for parents during the April School holidays. Please come into the centre and place your child’s name on the list with the required days clearly ticked. The closing date for registration is Friday the 16th March. As we have to undergo a priority procedure, please phone Alex at the centre for availability after the 18th March on 0412852441.

Anybody who may be interested in joining our Woosh committee are most welcome to attend. Just once a month at 6pm to 7.30pm in the Woosh room, usually on the same evening of the P&C meetings. Come along and meet other parents and share the same interest and ideas to improve our service in our community, everyone is welcome. If you would like more information, please see Miss Alex or phone on above number. Thank you, the Woosh committee.

MERIT AWARDS
KLE Sean & Laura
KLF Seth & Yaylah
KMM Lachlan & Ashlee
KSW Emily & Jayden
KWH Bradyn & Daniel
1DP India & Caleb
1HL Jessica & Jayden
1KB Isaac & Taya
1NL Mitchell & Ella
2CS Sophie & Ben
2HP Noah & Lainey
2MG Amber & Zac
2RD Sharlea & Bejay

CITIZEN OF THE WEEK
Jack – 1NL & Bryson 2RD

STUDENT OF THE WEEK
Lola 1HL & Melodie 2RD

Commentator for Week 7
Sophie

“Lasiandra Country Fair”
Wauchope Indoor Sports Stadium
Cameron Street, WAUCHOPE
Saturday 12 & Sunday 13th March, 2011
8.30 am – 4.00pm both days

Exhibitors include:
Alternate Farming & Lifestyle Displays, Dexter cattle, Alpaca, encaustic art, organic fruit & veges, jams & preserves, homemade cakes, emu and herbal products, organic seeds, farm machinery, tools & hardware, eco-friendly products, solar power & energy efficiency displays, herbs and cottage garden plants plus much more!

Entertainment by the Camden Haven Music Festival Members and the Wauchope Youth Theatre Troupe.
Fun for all the Family

Book a site now or for more information phone:
Chrissy Jones on 02 65 85 1103 or Mobile 0412 137 621

CHECK US OUT AT www.lasiandrafestival.com.au

CONTRIBUTIONS
Each year the P&C asks for a voluntary financial contribution to support the P&C Association. It is important to note we are a not for profit organization and every person on the association is a volunteer. In light of the current economic climate the amount has not been increased, the amounts are $25.00 per child and $40.00 per family. Letters and Envelopes were sent home this week. This year we are trialling direct bank deposit by EFT, so please feel free to use this method if it suits you. The necessary details are:

BSB: 802214
Account No. 73597
Account Name: WPS & P & C Association
Reference: use your eldest child’s surname & class

WOOSH NEWS & VACATION CARE 2011
Wauchope Public School will conduct the University of NSW ICAS Competitions in 2011. The students will be required to nominate themselves and pay before Wednesday 6th April 2011. Test dates will be in Terms 2 and 3. This is an opportunity for capable students to pit their skills against students from across over 20 countries in Asia, Africa, Europe, Pacific and the USA.

The Subjects will be Computers ($7.00), Spelling ($10.00), Writing ($15.00), English ($7.00), Science ($7.00) and Mathematics ($7.00).

Please nominate the competitions you wish to enter and send the money to your child’s class teacher.

My child ______________________ in class ________ will compete in the following competitions:

- English - $7
- Science - $7
- Maths - $7
- Spelling - $10
- Computers - $7
- Writing - $15
- Persuasive Writing

_________________________  ______________________
Signed (Parent/Guardian)   Date

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**Asperger's Syndrome Seminar for parents & Carers presented by Autism Spectrum Australia (Aspect)**

Date: 22nd July 2011
Venue: Port Macquarie Panthers Auditorium
Time: 9am to 4pm – Registration from 8.20am
Cost: $130 (early bird $110 before 1 June 2011)

Lunch and morning tea provided. Please notify any special dietary requirements.

Topics: Cognitive abilities, managing challenging behaviours, Strategies to reduce being bullied & teased

For further enquiries please phone Tracy Matejka on 49556266 or email huter@autismspectrum.org.au.