Our PSSA Netball team were defeated by Crescent Head PS on Tuesday. All girls played to the best of their ability. Thank you Mrs Newell for coaching the girls.

K-2 enjoyed their Cross Country carnival yesterday. A good time was had by all. Thank you Mrs Barnett for coordinating this event.

Good luck to our Touch Football teams who will play the first two rounds of their PSSA Knockout competition tomorrow.

Glasshouse Excursion
We have 60 Year 2 students attending a live performance next Tuesday. I know they will enjoy the experience.

P&C Meeting
The next P&C meeting is on next Thursday 13 August commencing at 7pm in the staffroom. All parents are welcome to attend.
Wauchope High School Science teachers are giving our Year 6 students Science Taster lessons over the next two Tuesdays.

**Whooping Cough**

NSW Health is warning parents to be on the alert for whooping cough following an increase in the number of school-aged children diagnosed with the disease over the last few weeks.

Whooping cough – also known as pertussis – is a serious respiratory infection that causes a long coughing illness, and can be life-threatening for babies.

Older children can bring home whooping cough from school or childcare and the infection can then be passed on to babies in the home.

Whooping cough boosters are important for older children at four years and later in High School because immunity fades with time. This means that children and adults can still get the infection even if they’ve been immunised against the disease.

**Citizen of the Week**

1BB - Viv M
1/2WM - Brodie G
1KB - Zoe S

**Healthy Lunchbox Award**

1/2WM - Cheyanne E

**U10 Rugby League - All Schools Carnival**

I had the pleasure of accompanying the U10 Boys Football team to Penrith on Monday 27th July for the All Schools Carnival. The boys played three great games against strong teams. The boys were defeated by St. James in the first game 12-10 and looked to be the better side. The team then came up against a very well drilled South Sydney team who would have been favourites to win the whole carnival. We went down 28-0. To the boys credit, they didn’t give up and played well in the last game against Narellan going down 10-0. I would like to thank all the parents who helped out on the day, particularly Mr Paul Linards, Mr Peter Hodder and Mr Jess Linards who was a member of our all conquering Senior League team in 2013 (second in state!). We also thank Mr James Grech who trained the team and got them to this level. For more photos please visit our [website](#). - Mrs Amanda Darcy

**Jump Rope For Heart**

Well done to all our students who are already collecting sponsors for our Jump Off day! It has been great to see so many Wauchope children getting out and trying new skills. I have seen cross overs, double unders and even double Dutch!
During week 5, some of our senior classes will participate in some skipping workshops provided by the National Heart Foundation. Our Jump Off day is planned for Week 6. There’s still time to get more sponsors on your sponsorship form or online at: www.heartfoundation.org.au/sites/jumpropelforheart
Keep practising, Wauchope!! - Lisa Barnett

K-2 Cross Country

Yesterday, K-2 children participated in the Cross Country and what a spectacle it was!! The sun was shining, the course was set, the parents were cheering, the teachers were cheering…. And the children were busting to run and run and run!

Year 2 boys and girls set off first, on their enormous two lap journey. The distance didn’t faze them at all, with plenty of energy left in the tank for high fives as they crossed the finish line. Year 1 students followed in a highly contested event. Suggestions of extending the Year 1 course are currently being negotiated, as many of the children were keen to do the course again…and again…

By this stage, Kindergarten were struggling to contain their energy, but after a couple of tricky false starts…they were off, showing the crowd just how fast they could go!

Congratulations to our place getters, and congratulations to all those children who tried their hardest and had a go!!
Thank you to the staff who helped on the day and to the parents who came along to cheer and be part of a great afternoon!

Cross Country Results

Year 2 Boys
1st Max C 2HL
2nd Will N 2HL
3rd Kihan M 1/2WM

Year 2 Girls
1st Evie G 2HJ
2nd Leeanne T 1/2WM
3rd Suraya C 2HL

Year 1 Boys
1st Zac L 1KN
2nd Jayden S 1KN
3rd Ezra B 1/2WM

Year 1 Girls
1st Brodie G 1/2WM
2nd Zoey S 1KB
3rd Jessica M 1KN

Kindergarten Boys
1st Flynn D KLB
2nd Kalan C KJB
3rd Toby N KLB

Kindergarten Girls
1st Lilly S KLB
2nd Chelsea B KJB
3rd Cassie H KLB

Puberty Talks

As part of the PD/H/PE curriculum all students in Stage 3 will participate in Puberty Talks. All lessons delivered will cover the same content so all students receive the same information. The lessons aim to provide students with information regarding the growing and changing phase that students will experience. This is to inform you of the upcoming lessons that will take place from Week 7 onwards. Boys and girls will be taught separately. If you have any concerns, please contact the school.

Thanking you - Stage 3 Teachers

PSSA Netball

On Tuesday WPS PSSA netball team travelled to Crescent Head to play in Round 5 of the PSSA knockout competition. Unfortunately Wauchope did not win the game but played beautifully showing great sportsmanship, determination and tenacity. These attributes were definitely shown by Emily A, our goal shooter, who hurt her arm quite badly in the first few minutes of the game but played on until the end of the first quarter. Congratulations to Emily B, our speedy goal attack who was able to sink some fantastic goals despite the very tall opposition. Amber did a great job stepping into the shooting role when Emily A got injured and also shot some amazing goals from a long way out. The red faces on our centre court players Mia, Ella and Genevieve indicated just how hard they worked throughout the game, moving the ball down the court with speed and accuracy. The opposition’s shooters were very polished players but they didn’t count on the persistence of Mia and Jayde our determined...
defenders. They were simply outstanding! Ebony was amazing in wing defence and looked like she had been playing for years, not just a few months. The 23-11 score line did not truly reflect how tight the game was. We need to say a special thank you to Piper T for umpiring all our PSSA games. Congratulations girls. You did yourselves and your school very proud! - Mrs Newell

Earn and Learn
Thankyou to everyone who have been bringing in Woolworths Earn and Learn stickers. Don’t forget to keep collecting your stickers so we can receive some amazing new resources!

P & C News

Canteen News
Canteen Roster Term 3 Week 5
Monday 10 Jacki
Tuesday 11 H Fraser
Wednesday 12 R Thompson
Thursday 13 S Campbell & L Hoffman
Friday 14 D Partridge, A-M Campbell & J Graham

Thank you for all your support.
In case you are unable to work on your allocated day please contact the Canteen Manager, Mrs Nicole O’Hagan prior to the day you are working, to enable her to organise a replacement.

P&C News
The next P & C meeting will be held on Thursday 13 August commencing at 7.00pm.

Fete News
Gift Hampers
We are asking each child to bring in an item that will be used in our gift hampers at the school fete. Here are some suggestions that you may like to donate: hand towel, hand lotion, candles, bubble bath, soap bars, shampoo and conditioner, or any non perishable food items. Items can be left at the school’s front office. We thank you in advance for your generosity.

Thankyou to all of our wonderful families who have donated second hand books, second hand toys and other brick barack items.

We greatly appreciate all of your help. We have now finished collecting these things and are following up on other items especially our gift hamper donations. We have a truck load of toys and books and much much more.

We are seeking volunteers for the day of the fete. If you can assist please contact Kaela or Jo on the number below, we are looking for assistance with craft, side show alley, haunted house and food stalls just to name a few.

If you would like any further information regarding the Fete please call Kaela 0427 250 395 or Jo 0417 852 777.

Book Club
The current Book Club Policy is due to be amended and updated as this has not been done since 2009. Once the completion of amendments has occurred and signed off by the P&C committee a copy of the updated policy will be available at the schools front office in the P&C box for anyone that wishes to view them.

Thank You P&C Association
REMEMBER TOGETHER WE CAN MAKE A DIFFERENCE TO OUR SCHOOL

The Sizzling 7's Holiday Camp
The Sizzling 7’s Holiday Camp is on again these holidays and will take place in Coffs Harbour at Coffs Rugby Park Hogbin Drive! It is on Monday the 21 September – First week of school holidays! It is for ages 7 – 12. Cost will be $69 which will include a sports pack for all participants. This day will once again be run by the NSW Rugby Development team. To register go to: http://www.nswrugby.com.au/Community/Camps/SizzlingSevensCamp.aspx