Anzac Day Ceremony
WPS will hold its Anzac ceremony tomorrow commencing at 10:40am in the hall. Visitors are more than welcome to attend. Thank you in advance for Mr Baker’s organisation of this event.

Wauchope Anzac Day March
I am inviting any interested Wauchope Public School students to march with WPS staff at the Wauchope Anzac march on Thursday 25 April. I would ask that all children are in full School uniform with correct school hat please. We will meet at 10.30am near the Thai restaurant. I realise the day falls on the school holidays and many children will be out of town. Last year we had a large number of children march and I was incredibly proud of those children who gave up their time. Anzac Day is a very special day and is very important in Australia’s culture and history. I know the returned servicemen love seeing our children participate on this day.

School Cross Country
Please note the school cross country is on Thursday 2 May. This is the children’s second day back from the holidays. All children should have received a note this week. It would greatly benefit our planning if all permission notes could be returned for this event before the end of this week. The carnival is for 8, 9, 10, 11 and 12 year olds.

P&C Meeting
There is a P&C meeting this evening in the staffroom commencing at 7:00pm. All are welcome to attend.

IGA Community Chest
On Monday our WPS School Captains Rhianna and Tony accepted an IGA Timbertown Community Chest cheque on our school’s behalf to the value of $376. We will also receive a cheque from the other IGA store this week. A huge thank you to the parents who write Wauchope Public School on the bottom of their docket and place it in the Community Chest box at each store. You are raising valuable funds for our children and school. A special thank you to our local IGA stores for supporting us and other local Wauchope clubs.

NAPLAN Dates
The dates for this year’s NAPLAN assessments are 14, 15 and 16 May (Term 2 Week 3). The students in Years 3 and 5 will complete these tests.

WPS App
Don’t forget to access our new school App. Instructions on how to download this App were in last week’s newsletter. As of Friday last week 39 people have accessed it and that number is sure to climb. I have already received several positive comments about this initiative.
Public Speaking Competition

I was blown away by the talent and confidence of our Stage finalists last week. As I stated on the day all of the finalists are winners. I loved listening to the very interesting topics. Well done to all. Special congratulations to our Grade winners: Phoebe H, Samantha M, Ebony D and Sarih L.

Thank you to Mrs Muir for coordinating this event.

Teddy Bears Picnic

I hope Kindergarten are enjoying their special reward day at Bain Park today. I have seen a huge variety of much loved Teddy’s. Thank you to our Kindergarten staff particularly Mrs Best for coordinating this event.

Term 1 Reward Days

Congratulations to the majority of our WPS children who attended or will attend a movie day this week. Children who have not been on an orange light, red light or been in the Fix It room for inappropriate playground behaviour were ineligible to attend. Thank you to Mrs Bailey for coordinating these reward days.

Sport

Congratulations to Bayley P who has been selected in the North Coast AFL team. Bayley will now travel to Griffith at the end of May to compete in the NSW State carnival. Well Done! Well done to Jessie W who was selected in the Lower North Coast girls Hockey team.

School Holidays

The last day of Term 1 is tomorrow 12 April. Students return to school for the commencement of Term 2 on Wednesday 1 May.

Hopefully the holidays will be an opportunity for you to do lots of reading, play some sport, doing some exercise and/or playing some games with your children. If you are lucky you may be going on a fun family holiday. Enjoy!

On behalf of the staff of WPS I’d like to wish everyone a happy, safe and relaxing school holiday period. I look forward to seeing everyone next term.

-Cameron Osborne-

Calcium

Why is calcium important?

- Calcium builds strong bones and teeth
- Calcium helps muscles relax and contract
- Calcium regulates heart function
- Calcium helps blood to clot
- Calcium helps the body send messages to the brain

High calcium foods

- Milk and milk products i.e. yoghurt, cheese
- Leafy green vegetables such as broccoli, spinach and bok choy
- Tofu
- Fish with edible bones
- Nuts including almonds and brazil nuts, tahini paste and calcium fortified foods such as fortified cereals, orange juice and bread also provide smaller quantities of calcium.

How much calcium do we need per day?

Age 4-8 years

Foods: 2 slices of calcium fortified bread + 1 cup of reduced fat milk + 200g yoghurt (700mg calcium)

Age 9-11 years

Foods: 2 slices of fortified bread + 1 cup reduced fat milk + 200g yoghurt + 1 cup calcium fortified breakfast cereal (1000mg calcium)

Dates to Remember

April

Thursday 11
- 6pm WOOSH Meeting
- 7pm P&C General Meeting

Friday 12
- 10.40am - School Anzac Day Service
- Last school day of Term 1

Thursday 25
- 10.30am ANZAC Day March

Monday 29
- Staff Development Day

Tuesday 30
- Staff Development Day

May

Wednesday 1
- School commences for K-6

Thursday 2
- 12pm – Cross Country Years 3-6
Wednesday 8
- 9am – 12 Mother’s Day Stall K-6

Week 11 Assembly Awards

Wauchope Wonder
Ashton D – 1KN

Stage 1 Assembly Awards
K-2 – Connor F & Shannon S
KJB – Madison S
KLB – Jessie M & Harrison L
KMM – Lincoln W & Tyler D
1DB – Levi T & Nakita S
1KB – Tyla T & Lilly A
1KN – Stella B & Sean L
2AB – Ayden F & Molly C
2HL – Kaal W & Seth M
2LR – Roxy B & Lucy W
2MG – Kya D & Jayden N

Public Speaking
Congratulations to all the students who participated in the Public Speaking Competition last Friday.
Mr Leighton the Adjudicator was very impressed with the quality of the speeches and our student’s presentation skills.
Our winners are:
- Year 3 Phoebe 3MJ
- Year 4 Ebony 3/4HS
- Year 5 Samantha 5EC
- Year 6 Sarih 6AK

Well Done students.

Mrs Vicki Wagg-Muir
Public Speaking Coordinator

WPS – Environmental Day

In the hall today we learnt about all the insects that live in the compost heap. I also learnt what not to put into a compost bin such as meat, dairy, plastic and fish. We played games and we got a book mark to keep.

-Ella-Jai N-

P & C News

A special thank you to all the wonderful helpers at the recent 50cent tuck shop
The tuckshop raised $648.75

The Easter raffle was once again a huge success, thank you to everyone who donated an item and purchased raffle tickets.
Congratulations to all winners.
The Easter raffle raised $1515.45

Mother’s Day Stall
The WPS P&C Association will be holding a Mother’s Day Stall on Wednesday 8 May 2013.
The stall will open at 9.00am till 12 and will be held in the schools old hall.
Class teachers will take all children to the stall.
Gifts will range from $2.00 to $10.00.
THE STALL IS FOR ALL CHILDREN - K-6

School Fete
19 October 2013 - 9am till 2pm
STORE MANAGER’S NEEDED
Our School Fete is a huge event and requires lots and lots of volunteers for the day.
We require stall managers for the day:
Craft, second hand toys and books, lollies, nail bling, chocolate wheel, monster raffle, Just to name a few.
If you are able to be a store manager, please contact:
Jo: 0417852777 or Kim: 0408861898

P & C GENERAL MEETING
The Wauchope Public School P & C General meeting is being held on Thursday, 11 April 2013 at 7pm.
Everyone is welcome to attend.
If you require any further information, please contact Brenda Wright,
Secretary of WPS P & C on 0400452273.

WOOSH Meeting
The next Woosh meeting is being held on Thursday 11 April 2013 at 6pm in the School Staff Room. Everyone is welcome to attend.

EnviroMentors
Today 6SG went to the hall for a talk on how to compost and keep our environment beautiful.
We learnt about how worms break down food scraps and other materials and turn it all into fertiliser. We played games and completed quizzes. I learnt a lot and had lots of fun.
-Dylan B 6SG-
P & C Canteen News
Specials at the Canteen
(This offer is until the end of Term 1 2013)
1 x Sausage Roll & 1 x Popper...$3.50
1 x Junior Pie & Popper...$2.50
1 x Hot Dog & 1 X Popper...$3.00

Canteen Roster Term 2 Week 1
Monday 29  Staff Development Day
Tuesday 30  Staff Development Day
Wednesday 1  L Stewart
Thursday 2  J Beryl
Friday 3  K Kucera & L Brady

In case you are unable to work on your allocated day please contact the Canteen Manager, Ms Nicole O’Hagan prior to the day you are working, to enable her to organise a replacement.

Thank You
P&C Association

REMEMBER TOGETHER WE CAN MAKE A DIFFERENCE TO OUR SCHOOL

FREE FAMILY FUN IN THE PARK!
Sausage Sandwiches, fruit and drinks
Jumping Castle
Tropo Bob
GAMES, ACTIVITIES, ENTERTAINMENT AND HEAPS MORE !!!

Bain Park—Wauchope
Thursday 18th April 2013
(School Holidays)
10.30am to 1.30pm
All Free
All Welcome

First Eucharist Enrolment Night
An enrolment night for parents / guardians of children eligible to receive 1st Eucharist will be held in Our Lady of Lourdes Church, Wauchope, at 6:00pm, Tuesday 30 April 2013. Eligibility includes those children/teenagers (Year 3 or older) who have been Confirmed and made their First reconciliation. Enquires may be directed to the Parish Office or to St Joseph’s Catholic Primary School, Wauchope.

For more information please contact Tracey Hooper on 6585 1464 or email oololwauchope@midcoast.com.au

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Pre-School to Adult Classes
* Ballet (RAD)  * Jazz
* Baby Ballet  * Hip Hop
* Tap  * Private Lessons
* Performance Classes  * Boys Hip Hop

Individual attention
for all students in a friendly, caring, family environment

Principal: Miss Amy Henson RAD RTS
Phone: 0412 856 525
info@extravadancestudios.com.au

Classes at “The Dance Room”
Wauchope Indoor Stadium

Enrolling now for
Term 2